



Government
of South Australia
Department for Education
and Child Development

ON THE VINE

Established 1855



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Resilience

Responsibility

Pride

Respect

Honesty



IMPORTANT DIARY DATES



Friday 6 th April	Cake Stall and BBQ
Wednesday 2 nd May	Rooms 7 & 8 Excursion 'The 78 Storey Treehouse'
Friday 11 th May	Mothers' Day Stall

Last Day Term 1 - Friday 13th April
Dismissal 2:10pm

First Day Term 2 – Monday 30th April

From the Principal

Well, ten weeks down and time to look forward to that well-earned break. I hope everyone has an enjoyable holiday – be that resting up at home or heading off on travels.

I once again include a holiday list challenge (although I think my own list includes a lot more house maintenance jobs than desired).

Please assist your child/ren to CHALLENGE themselves to be active! (perhaps work off last weekend's chocolate)

- Paddle a kayak
- Go fishing
- Tent out in the backyard
- Have a good book to read
- Get mum and dad to read to you
- Get in that last game of beach cricket
- Build a sandcastle city
- Visit the library
- Hang out with good friends
- Become an outdoor photographer
- Enjoy a family BBQ
- Visit Port Noarlunga playground

- Snorkel on the reef
- Go horse riding
- Experience the Anzac Dawn Service
- Build a cubby house
- Ride a bike
- Kick a ball at the park
- Shoot some hoops
- Catch a wave
- Surprise mum or dad – wash their car
- Fly a kite
- Dig in a veggie patch
- Weed the garden
- Walk the dog
- Clean that bedroom!
- Cook up a storm then do the dishes!
- Spend a day at the local footy/netball



How many will you tick off ??

Surprise! Surprise! It doesn't mention screen time once!



Play Is Not Frivolous

It is not a luxury. It is not something to fit in after completing all the important stuff. Play is the important stuff. Play is a drive, a need, a brain-building must-do.

You should get enough screen time before the holidays – watching the Masters Golf and the Commonwealth Games.

Enjoy a safe, relaxing holiday!

Stuart Hage
Principal

Arrival at School

While, I am sure, we have all been enjoying the beautiful Autumn mornings of late this does not change our school time tables. Please remember that students should not arrive at school before 8:30am. This week students have been noted in the yard from 8:10am. Please also remember the playgrounds are out of bounds to students before 8:30am even if accompanied by their parents.

Thank You!

A big thank you to all the families who have collected Coles Vouchers during your shopping. The collection period has now finished and after finalising our numbers we will look forward to selecting some new sporting equipment.

NAPLAN 2018

In week 3 next term our Year 3, 5 and 7 students will undertake the National Literacy and Numeracy Tests. This is part of an Australia wide testing program where all Year 3, 5, 7 and 9 students in every Education Facility, be they Independent, Private or Government Schools, sit the same tests.

These tests will provide our staff and parent/carers with further information about a child's development and achievements in both Literacy and Numeracy.

Once the tests have been assessed, parents and caregivers are provided with a summary of their child's performance.

It is vital however, when discussing these results with your child, they are seen in a positive sense not a negative one. Students who are often the most successful at school are those who have a positive self-esteem and a positive attitude to learning. We all need to celebrate and provide positive feedback to students about what they can do and achieve then build upon this.

It is not uncommon for some children to get anxious around this type of formalised testing. Our teachers are aware of this and have and will continue to work with students to ensure they undertake the process in a comfortable environment.

It is also important for all to understand that while the NAPLAN testing data gives us a lot of information on individual and whole school student progress it is only one piece of the data puzzle we use at a school level to assess and identify student learning progress and learning needs. Therefore your child's test results should be viewed in line with Teacher / Parent interview discussions, Mid Year and End of Year Reports and achievements from assignments and work activities throughout the year.

- **Tuesday 15th May – Language Conventions (writing, spelling, grammar)**
- **Wednesday 16th May – Reading**
- **Thursday 17th May – Numeracy**

The testing process must occur in the morning, therefore please ensure your Year 3, 5 and 7 students arrive promptly at school on these days.

If for religious beliefs, philosophical objections to testing or personal reasons you wish your child to be withdrawn from the testing process please approach the school to complete the necessary Student Withdrawal forms.



Cake Stall & Cheeseburger



or Sausage

Friday 6th April

Recess – cakes 50 cents each
(bring money on the day)

Lunch – Cheeseburger or Sausage
(prepaid through ordering)

Thank you to the parents of students in Rooms 14 & 6 for donating the cakes this term. Please drop them off in the morning in a **labelled** container to the staff room.

Students doing Great things

Congratulations to Jai I, Jack D and Coby P, all representing McLaren Flat in tennis finals with Coby's team winning the grand final.

Congratulations also to Lily F. who has been selected in the South Australian Calisthenics Development Squad – competing in Darwin in September.



PAYMENTS DUE

Wednesday 11 th April	Room 7 & 8 Excursion
OVERDUE	M & S Fee

Pastoral Care Worker

Happy post Easter! I've heard stories about going away, family time and lots of chocolate!!

Earlier this term I wrote about New Year's resolutions and how one of my family's goals for the year was to go camping more. Well we scored a big tick this weekend.

How amazing was the fresh air, the starry nights, the stories told around the campfire, toasting marshmallows, camp-oven dinners, time spent chatting with friends and each other, the vista of mountains and sunsets.....I even got to read a whole book! All the wonders of camping intermingled with the dirt, the long drop toilets and no showers for days!!!

We had a really great time away. And we had no technology or internet for the better part of 4 days.

I must admit there were times when technology would have been a nice distraction from the arguing, the constant demands for food and the interrupted conversations, but all in all, the opportunities for creativity, adventure, co-operation, negotiation and resilience far outweighed my need for peace!! (I must admit there were times when I had to look away from my kids rolling in the dirt and covering each other in mud tattoos.)

A few Saturdays ago I spent the day at a 'Resilient Kids' Conference, listening to some amazing speakers talk about topics such as Mental Health, Growing Up Online, ASD and the Pre-teen, Building Resilience and Body Image.

But one thing that really got my attention was the current statistic that **the average child spends just 45 minutes outside per day**. I'm unsure as to whether this refers to a school day – as the break times outside alone would amount to this – but as I began to calculate how much time even my own kids spend outside on a weekend, from time to time there would be days when perhaps this rings true.

Technology would definitely have an impact on this statistic. Due to the increased inactivity and less outside time (among other things), we are seeing a decrease in concentration and body strength and co-ordination, increased aggression and anxiety, less ability to self-regulate, a lack of energy and empathy and children **playing** a whole lot less.

The World Health Organisation states that '*playing is as important as eating and drinking*'. Through play, children learn from the 'bottom up'. They learn real life skills; they grow their knowledge of the world around them and take risks. Outdoor play is very much connected to health and wellbeing. There is even a word for outdoor play – biophilia – which refers to the idea that humans possess an innate tendency to seek connections with nature.

Spending time outdoors might require some intentional planning on our behalf – such as a walk in the Kuitpo Forest, fishing, playing sport etc, but let's encourage our kids to connect with nature and reap the benefits. (I have seen a sneak peak at Mr Hage's list for things to do in the holidays – there's a whole host of great ideas!!!)

Have a wonderful break,

Karen Prenzler - Pastoral Care Worker

Young Leaders Day



On Tuesday 27th March, the Year Sevens were given the chance to go to the Entertainment Centre to meet 4 successful Australians for Young Leaders Day.

Speaker 1 was John Coutis. John has lived the majority of his life without legs and when he was a child he was bullied a lot because of his appearance.

Speaker 2 was Jules Sebastain. As a child Jules didn't know that fashion was a job until she went to University.

Speaker 3 was Matt Cosgrove. Matt is an author who has released a new trilogy called Epic Fail Tails. Matt rewrites stories the way he wants them to be.

Speaker 4 was Nathan Bazley, who talked about his new game and his time at BTN and how hard and how many phone calls he had to make to get his virtual reality program on Kokoda out on time.

Riley S, Leon K



**Yr 4-7
School
Holiday Clinic**

GREAT FOR BEGINNERS AND EXPERIENCED PLAYERS!

WHEN: Thursday 26th April, 2018
WHERE: Brighton Secondary School, Volleyball Gym.
TIMES: 9:00am - 3:00pm
COST: \$55
REGISTRATIONS: www.volleyballsas.com.au/holidayclinics

Phone: 8363 1265
junior@volleyballsas.com.au





Year 6/7 2018 Aquatics

